

Words for Movement

Please add your own...

Descriptive words (adjectives)

big	sinuous	frail	long
small	flowing	diagonal	short
low	still	lopsided	soft
medium	jittery	stiff	sharp
high	forceful	erect	lyrical
fast	weak	circular	gentle
slow	outstretched	heavy	percussive
smooth	wild	narrow	staccato
direct	precise	wide	jerky
rigid	light	gliding	

Action Words (verbs)

march	shuffle	spin	jerk
step	swing	turn	rise
leap	sink	hurry	glide
lean	shake	clasp	swim
flip	drag	flap	wiggle
stride	tiptoe	bounce	recline
sit	stare	mug	imitate
shudder	go	stop	hesitate
seize	curve	strut	careen
squeeze	embrace	snatch	tap
touch	dive	nod	dip
grab	retreat	extend	cradle
skitter	slide	twist	balance
grobe	elongate	shield	hide
change	pose	stumble	trip
kick	drop	lift	pull
push	surround	prance	spiral
shiver	throw	freeze	jump
skip	hop	clench	close
open	beckon	wave	juggle

fling	squat	pantomime	gesture
applaud	fall	bend	stretch
fold	fly	pat	stab
shake	pulse	gallop	roll
circle	punch	slap	hit
pound	pluck	wring	inhale
blow	point	flex	repeat
float	revolve	press	alternate
tuck	vibrate	grab	droop
flutter			

Relation Words (prepositions)

over	under	above	below
on	in	out	behind
up	down	before	after
toward	away	near	far